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# ANTIOCH DISCIPLESHIP SCHOOL

*Student Handbook*





# WELCOME TO THE D-SCHOOL!

## *Here we go!*

Over the course of the year, you will have countless opportunities to be in God's Presence, experience His transforming power, and learn how to live life on mission with Him. It is our prayer for you that the result would be greater grace and joy to live as a wholehearted disciple of Jesus for all of your days! As we all commit to that together, anything is possible and we're excited to see what God does in each and every one of our lives along the way. This handbook is here to remind you what's going on and to help you keep track of the various components of the class. It's going to be a great year!



# SEMESTER SCHEDULE

*Topics & Speakers*

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# FALL SEMESTER SCHEDULE

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## PRESENCE

- SEPT 28** Kick-Off Dinner + Daily Connection with Jesus—April Johnson
- OCT 5** The Bible—Fred Luter (Senior Pastor, Franklin Ave. Baptist Church)
- OCT 12** The Father Heart of God—Blake Satterlee, Richard Johnson
- OCT 16** SATURDAY CLASS: Friendship with Jesus—Dan Baumann (Author & Int'l Speaker)
- OCT 19** Jesus + The Atonement —Connor Duplessis
- OCT 26** The Person & the Baptism of the Holy Spirit—Andrew Znachko (Antioch Indy)

## TRANSFORMATION

- NOV 2** Inner Healing through Prayer—Edie Mitchell + Julianna Dougherty (Antioch BR)
- NOV 9** Identity in Christ—Lena Satterlee
- NOV 16** *No Class: Thanksgiving Break*
- NOV 23** Living Holy Lives—Blake Satterlee
- NOV 30** Emotional Health—Eddie and Judy Parish (Parish Life Therapy, New Orleans)
- DEC 7** Peacemaking and Conflict Resolution—Richard and April Johnson
- DEC 14** Last Class + Christmas Party





# STUDENT RESOURCES

*Course Overview & Commitments*

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## COURSE OVERVIEW

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We hope your time in the Discipleship School is totally amazing! The D-School team is here to help make that happen. We have also seen that personal ownership and a desire to grow in God are key elements in making the school a meaningful experience! Below is a bit of what you can expect.

*Students should be committed to growing in the following areas:*

- Personal devotional life, including personal Bible reading, worship, and prayer
- Understanding of the nature of God, the Bible and identity in Christ
- Biblical character and integrity in every aspect of life
- Vulnerability
- Personal and relational wholeness
- Living a life marked by abiding in Christ and obedience to Him

*And be willing to do the following:*

- Consistently and fully attend class time
- Complete Bible readings and book assignments
- Honor all personal commitments (*see next page*)
- Be an engaged and contributing member of Antioch New Orleans

By being a part of the school, you are giving permission to the D-School team and your fellow classmates to help you and challenge you in these areas as you commit to maturing as a disciple of Jesus!

### Components of Class

All of the following elements will be incorporated into the school in order to provide a wide array of opportunities to connect with God, experience personal transformation, and engage with the material using a variety of learning styles.

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|---------------|--------------------|-----------------|
| · Worship     | · Accountability   | · Activation    |
| · Prayer      | · Missional Living | · Presentations |
| · Bible Study | · Teaching         | · Journaling    |
| · Reading     | · Impartation      | · Discussion    |
| · Community   | · Self-Discovery   | · Encouragement |



# PERSONAL COMMITMENTS

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## The Lifestyle of a Disciple

Each student will pray through what personal boundaries and standards he or she needs to set in order to experience the fullness of what God has for them during the school. Below are the following areas we would like for you to pray about. We've included what we believe to be Biblical guidelines where applicable.

### Relationships

If you are not currently in a relationship, ask God if this a season to look for that or a season to honor God in your singleness. (1 Cor. 7:40)

### Sexual Purity

The first and most important way we honor God is with our bodies. And as His followers, we must refuse to have any hint of sexual immorality in our lives (1 Corinthians 6:19).

### Media

If our eyes are healthy, our whole lives will be full of light according to Matthew 6. What we scroll through, watch and listen to affects us way more than we realize. We need to abstain from media that dishonors God or distracts from receiving God's best (Philippians 4:8).

### Alcohol

The Bible says, "Do not be drunk with wine, but be filled with the Holy Spirit." Anytime our awareness of the moment is affected, we are no longer under God's influence but under the influence of our flesh. If you choose to drink, it is important for you to model a healthy approach to alcohol, especially because of the misuse of alcohol in our city (Ephesians 5:18).

### Addictions

*This would include tobacco, vaping, social media, video games, etc.* We cannot be slaves to two masters, but when we live with an addiction or fleshly tendency towards something, we are missing out on experiencing the fullness of what God has. The Bible is clear: do not get drunk, do not be addicted, do not cause your brother/sister to stumble. We must be high above reproach in every way (1 Cor. 6:12).



## EAP Groups

These *Encouragement, Accountability, and Prayer Groups* are your high-challenge, tough-love cheering section and habit tracker all in one. You will hold each other to living wholeheartedly in three general areas: **Presence, Transformation and Mission**. In addition to these key priorities of Jesus, you'll also be encouraged and challenged to grow in the areas you've committed to.

To help your group facilitate this time, there will be a weekly personal inventory you will fill out during your EAP group. This personal inventory is to help keep the various components of the D-School in front of you and to help your EAP group leader encourage and equip you in the areas you need most. It is not intended to be a checklist or become a religious obligation. If at any point you lose vision or passion for what you've committed to, please share honestly with your group instead of just going through the motions. Remembering the why behind the what is so important in these times of encouragement, accountability and prayer.

## Application + Activation

As different spiritual disciplines and Kingdom principles are discussed throughout the semester (such as prayer, fasting, sabbath, etc.), we will make space for people to pray and ask God how to apply that topic in their lives. This is a great opportunity to form new habits, learn how to be a hearer + doer of the Word, or stretch yourself to go deeper in current disciplines. Your EAP groups will help each other commit and stick to these disciplines and habits.

## Church Involvement

God wants to do a lot in you this semester, and He also wants to do a lot through you! That's always the way the Kingdom best operates. The Discipleship School and what God is doing in it will always have an impact on the rest of the church. It is our desire that every D-School student would also be a committed member of the church. We define a committed member as someone who consistently **attends, serves** and **gives**. Please pray about each of these areas and ask God if there is any place where you can be more fully committed.

## Absence and Tardy Game Plan

Everyone is welcome to take one planned absence/semester. Please let us know about a planned absence at least 2 weeks prior to the date you will miss. In the event of absence due to an emergency or sickness, please text and let us know as soon as possible. We will send you any recorded teaching or missed assignment to complete on your own.

Class begins promptly at 6:30 pm. Please arrive beforehand to get settled. We will have some snack foods set out beginning at 6:15 pm. If you are tardy more than twice, we will ask you what's up with that!

# CLASS COMMITMENTS

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## Reading Assignments

The goal of the D-School is not to just fill your schedule for a few months, but instead to introduce you to and take you deeper in truths and habits that will allow you to grow in God for a lifetime. There is nothing more critical to the vibrancy of your spiritual life than the Word of God!

### Your Part in God's Story

Our school year will begin with an overview of the Bible. We'll read key passages from Genesis to Revelation as outlined in the book *Your Part in God's Story* by Steve Addison. The book is a 40-day reading plan and includes a brief devotional each day to help you understand the overarching story of the Bible, how the Old Testament relates to the New Testament and of course...your part in that story!

The book is scheduled for five days a week with two catch-up days. Each reading day, you'll read the passage(s) and the devotional. This should take 15-30 minutes. There are also some response questions--those are just a helpful way to process what you're reading and learning. Please take the time to answer them a few times a week as they'll help you share with the class what you've been learning!

### Bible Reading Plan

After we finish *Your Part in God's Story*, we'll be reading through the Bible focusing on specific books and chapters. At times the Bible readings will be connected to our topics, other times they've been chosen because of the Biblical foundation they provide. There will be five daily readings assigned each week, leaving two catch-up days! This should take 10-20 minutes. If you didn't do much journaling during *Your Part in God's Story*, now is a great time to start since there is a little less reading.

### Class Books

In addition to the Bible, we will be reading three books together over the course of the year which will correspond with our units on Presence, Transformation and Mission. Each book is considered by anyone who has read it to be a total GAME-CHANGER and provides foundational truth for your walk with God. Students will read 1-2 chapters a week depending on the length of the chapters which should equal about 30-45 minutes of reading per week. Audiobooks are available for each book, and you're welcome to listen instead of read if that's better for you! We'll end each book with a class discussion.

## Bible Reading Tools

As you read through *Your Part in God's Story*, you'll find journal questions at the end of each chapter to help you record what God is showing you through His Word. Those set of questions are one of many tools to help you process and understand what you're reading. Try some of these other Bible reading tools and see which ones work best for you. For more ideas, visit the D-School Resource page.

### S.O.A.P.

**Scripture**-Read and write down the scripture.

**Observation**-Read the passage again writing down anything that stands out to you about the text.

**Application**-Read the passage again writing down how the scripture applies to your life. Is there a specific action you need to take or a confession you need to make?

**Prayer**- Respond to God in your own words. Pray for the Word to go deep in your heart, thank Him for who you saw Him to be in the Scripture, repent for any ways you haven't lived according to the Scripture.

### ANTIOCH DISCIPLESHIP APP

1. What does this passage say?
2. What does it tell me about God?
3. What does it tell me about man?
4. How can I apply it to my life practically?

### LECTO DIVINA

**LECTO** (Read) Read passage several times, be attentive to detail, note verses or phrases that stand out to you, work to understand background and meaning

Journal starters: In this passage..., My favorite verse was..., I noticed...

**MEDITATIO** (Meditate) Think about the reading and connect it to your life, imagine being present to hear the passage or witness the story

Journal starters: This reminds me of..., If I were there..., I can connect this story to...

**ORATIO** (Pray) Dialogue with God about the passage, thank God for His Word, Ask Him to lead you into deeper understanding

Journal Starters: Dear JEsus..., Thank you God for..., Please help me udnerstand...

**CONTEMPLATIO** (Contemplate) Quiet expression of love bwetween you and God, note what God is trying to teach you through the passage and time of prayer

Journal starters: I think Jesus is teaching me..., Lord, I love you for..., I believe...









**FOR ADDITIONAL RESOURCES AND TO DIVE  
DEEPER INTO ANY TOPIC WE COVER, CHECK OUT THE  
D-SCHOOL RESOURCE PAGE ON OUR WEBSITE!**